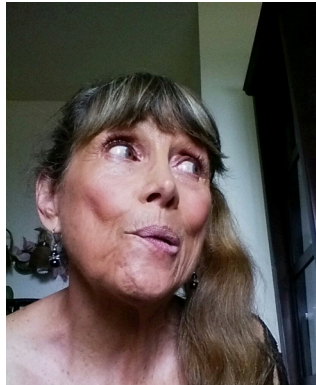


## Corner Mouth Pull towards the Ear

To be engaged with the Neck Strengtheners #25

To firm the bottom of the face and lift the corners of the mouth



1. When turning your head far left, pull the corner of your mouth towards your left ear – release as you turn to the right.
2. When turning to the right, pull the right corner of your mouth towards your right ear.
3. Look far left or far right with your eyes when turning your head.

These new movements will help to alleviate any puckering at the corners of the mouth.